



CHESTERMERE UNITED FC

Long Term Player Development

Introduction:

This policy outlines our commitment to implementing the Long Term Player Development (LTPD) framework, as established by Canada Soccer, in order to provide a structured and holistic approach to player development within our organization. This policy aims to ensure that all players have the opportunity to reach their full potential, both on and off the field, while promoting a positive and inclusive environment.

1. Purpose:

The purpose of this policy is to:

- Align our player development programs with the principles and guidelines set forth by Canada Soccer's LTPD framework.
- Provide a clear pathway for player progression and development from grassroots to elite levels.
- Foster a positive and inclusive environment that promotes the overall well-being of our players.
- Ensure that all coaches, staff, and volunteers are aware of and adhere to the LTPD principles.

2. LTPD Framework:

We will implement the LTPD framework, which consists of seven stages, as follows:

Stage 1: Active Start (0-6 years old)

- Focus on developing physical literacy and fundamental movement skills through fun and age-appropriate activities.
- Emphasize participation, enjoyment, and building a love for the game.

Stage 2: FUNdamentals (6-9 years old)

- Continue to develop physical literacy while introducing basic soccer skills and game understanding.
- Encourage multi-sport participation and a balanced approach to development.



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Stage 3: Learn to Train (9-12 years old)

- Develop technical skills, tactical understanding, and physical capacities.
- Provide a supportive and challenging environment that promotes individual growth and teamwork.

Stage 4: Training to Train (12-16 years old)

- Focus on refining technical skills, tactical awareness, and physical conditioning.
- Introduce more structured training sessions and competitive opportunities.

Stage 5: Training to Compete (16-18 years old)

- Prepare players for higher levels of competition and potential elite pathways.
- Emphasize position-specific training, mental preparation, and performance analysis.

Stage 6: Training to Win (18+ years old)

- Provide elite-level training and competition opportunities for players aspiring to reach the highest levels of the game.
- Support players in their pursuit of national and international representation.

Stage 7: Active for Life (All ages)

- Encourage lifelong participation in soccer for health, fitness, and enjoyment.
- Provide recreational and social playing opportunities for all skill levels.

3. Implementation and Monitoring:

- All coaches, staff, and volunteers will receive training on the LTPD framework and its implementation.
- Regular assessments and evaluations will be conducted to monitor the progress and development of players at each stage.
- Feedback from players, parents, and coaches will be collected to ensure continuous improvement and alignment with LTPD principles.



Conclusion:

By adopting the Long Term Player Development framework, we are committed to providing a comprehensive and progressive player development pathway that aligns with Canada Soccer's guidelines. This policy will guide our efforts in creating a positive, inclusive, and development-focused environment for all players within our organization.

Note: The graphic representation of the LTPD framework can be found on our website.